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Understanding Disability in First Aid Provision



First Aid and Secondary Care Guide

for people with Disabilities

1

Communication



Effective communication is essential in providing care to individuals with disabilities; understanding their preferred method and being attentive and patient fosters clear and meaningful interaction.

2

Accessability



Consider the accessibility needs of individuals with disabilities during first aid provision, including physical accommodations and ensuring easy access to emergency equipment and supplies for all, regardless of visual, hearing, or mobility impairments.

Scan to access
Do Care
website and
guide.





3 Individualized Approach



Respect the uniqueness of each person's disability and needs, treating them as individuals first, and consider their specific symptoms and medical conditions rather than solely their disability, while being attentive to any additional medical devices or equipment used.

4 Collaborative Approach



In certain instances, involving personal caregivers or support networks familiar with the individual's needs and preferences can enable a collaborative approach, facilitating effective communication and working together to provide optimal care for individuals with disabilities.

5 Adaptations and Modifications



Flexibility is key in accommodating individuals with disabilities, adapting techniques and approaches as needed; modifying positioning or CPR techniques for those with limited mobility and utilizing visual cues or simplified instructions for individuals with cognitive or intellectual disabilities.



6 Emotional Support



Acknowledge the potential emotional impact of a medical emergency on individuals with disabilities, providing reassurance, empathy, and emotional support throughout the first aid process, while being mindful of any specific emotional or psychological considerations associated with their disability.

7 Confidentiality and Dignity



Respect the privacy, confidentiality, and dignity of individuals with disabilities, maintaining appropriate boundaries, and sharing personal information only with those directly involved in their care, while considering any cultural or personal considerations related to privacy and modesty.

8 Ongoing Learning



Continuously educate yourself on various disabilities, their associated needs, and appropriate first aid practices by attending training sessions, seeking guidance from disability organizations, and staying up-to-date with current guidelines and recommendations.

