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Credits: Vía verde Alacant  
Maigmo©ViosVerdes-FFE



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## /01 SIGWAY IN A NUTSHELL

SIGWAY (Sport in Greenway Project) is an Erasmus+ Sport Project that runs from May 2022 till October 2024. Sigway aims to promote sport and healthy leisure activities outdoors by stimulating sports activities offered in greenways and potential greenways, while raising awareness on environmental issues and circular economy. Moreover, Sigway aims at enhancing sports field employability and local economies. The general objectives of the SIGWAY Project are:

1. To identify the possibilities and potential of sports activities in greenways in partner countries (Spain, Italy, Austria, Greece, Slovakia, Belgium and Portugal)
2. To increase the popularity of greenways through the design of sports activities, specifically adapted to the different target groups (young people from 14 to 25 years old, elderly people over 65 years old, woman with different needs such as pregnancy) that the project involves.
3. To promote the use of greenways as outdoor sport sites through a specific strategy and guidelines designed for stakeholders in sports and rural areas where they're potentially located.

# /02 WHAT HAS BEEN DONE

The SIGWAY project's Kick-off meeting took place in June 2022 in Madrid. Project partners had the chance to meet one another, better understand the project, and share information and insights about the topic at hand. They began to gain an understanding of Greenways by cycling from Ambite to Orusco, along the Tajuña Greenway. Three online meetings have been held thus far to evaluate progress and decide on future steps for the project.

The first results of the **SIGWAY** project are available in the website :



**National report:** overview of the current network of greenways and the physical activity in participating countries.



**Handbook:** it includes 7 best practices for outdoor sports and leisure activities associated with greenways, open to all ages and target groups.

Both the National report and the Handbook include an introductory summary of the situation in the different countries and best practices.

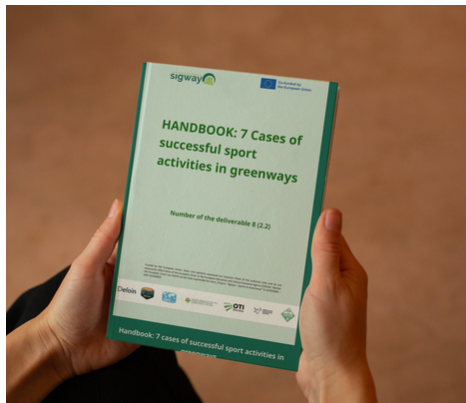


**Interactive map of potential Greenway:** interactive maps of potential greenways featuring abandoned railways in Spain, Italy, Austria, Greece, Slovakia, Belgium and Portugal, that have yet to be converted.



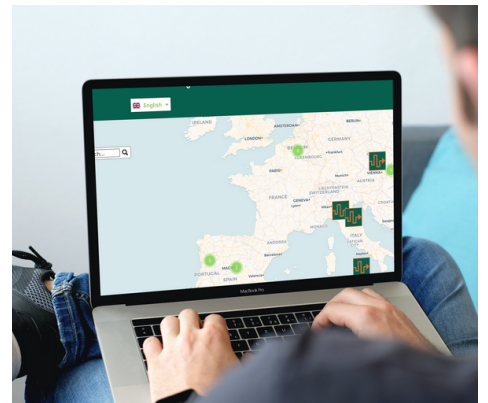
## R01

**NATIONAL REPORTS ON THE  
CURRENT NETWORK OF SPORT  
GREENWAYS IN EACH COUNTRY**



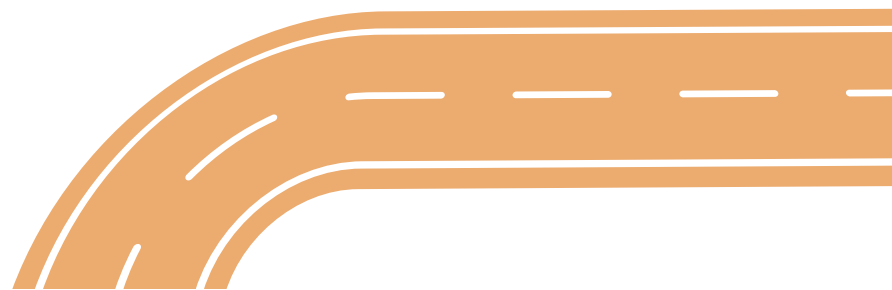
## R02

**HANDBOOK: 7 CASES OF  
SUCCESSFUL SPORT ACTIVITIES  
IN GREENWAYS**



## R03

**INTERACTIVE MAP OF POTENTIAL  
GREENWAYS**



# /03 NEXT STEPS

Next June, the SIGWAY Training activity is coming to Nitra. It will be addressed to partners and sport instructors, giving them the chance to learn about everything that's been achieved up to this point and how to start developing a Sports Program for sport trainers and organizations. After that, we'll be designing a program specifically for different target groups. Between December 2023 and February 2024, we'll have the trainers who attended the Training in Nitra testing out the Sport activities program with 10 participants from one of those target groups in Spain, Italy, Austria, Greece, Slovakia, Belgium and Portugal.

## Tajuña Greenway



## PARTNERS

Defoin



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