

ATTACHMENT 1

ATHLETE QUESTIONNAIRE



The questionnaire aimed at athletes is a very useful and easy-to-use tool for sports associations to raise awareness among their athletes about sustainability.

The checklist can be published on the social channels of sports associations and administered to all participants in sporting events. By answering the questionnaire, athletes are made aware of their habits during sporting activity which, if modified or improved, can contribute significantly to making sporting events held within protected areas more sustainable.





Erasmus+ Sports Program of the European Commission, a unique initiative to enhance the sustainability of sports events in Protected Natural Areas. In addition, the project investigates the environmental effects of these sports events on biodiversity and formulates guidelines to mitigate these impacts. The survey aims to understand the habits stimulating behaviors that can contribute significantly to making the sporting event more sustainable. Your involvement makes a difference. Together, we can make sporting events in Europe's parks and protected areas more sustainable. Sport can help the environment.

Thank you for your time and contribution!

We invite you to stay in touch and keep updated on our progress and activities.

You can follow the SOSPARKS project on **Facebook:** [SOSPARKS Project](#)

Instagram: [@sosparksproject](#) **Website:** [SOSPARKS Project](#)

1. Email *

2. In which European country do you live?

3. How old are you?

- Less than 10 10-18 18-35 35-45 More than 45

4. How many sporting events do you participate in a year?

- Less than 2 2-5 5-10 More than 10

5. What mode of transportation do you typically utilize to get to the event venue?

- Personal vehicle Public transportation Bike or walking
 Carpooling Taxi or ride-sharing services

6. When securing accommodations for an event, do you favor establishments with environmental certifications or eco-friendly policies?

- Yes, always. It's a key part of my decision.
 Most of the time if such options are available.
 Sometimes, if it aligns with other factors like location and price.
 Rarely, it's not a major factor in my decision.
 No, it doesn't influence my choice at all.
 Not applicable

7. Are you sensitive to respect for the environment and sustainability issues?

- Yes, I always prioritize respecting the environment and sustainability issues.
 Somewhat, I am aware of these issues but do not always act on them.
 Neutral, I neither prioritize nor disregard these issues.
 Not really, I rarely consider environmental respect and sustainability issues.
 No, I do not prioritize respect for the environment and sustainability issues at all.
 Other: _____

8. Is your preference to consume locally sourced food during a sporting event?

- Yes, I always opt for local products during the event.
 Most of the time, I try to choose local products when available.
 Occasionally, I consume local products if they are convenient.
 Rarely, local products are not usually my first choice.
 No, I do not prefer local products during the event.
 Other: _____

9. During sporting events, do you utilize a refilled water bottle as a measure to decrease waste?

- Yes, I always use a refilled water bottle during sporting events.
 Often, but not always.
 Sometimes, when I remember to bring it.
 No, I do not use a refilled water bottle at all.
 Other: _____

10. During sporting events, do you make use of single-use items such as tissues, disposable drinks containers, etc.?

- Yes, I frequently use disposable products.
- Most of the time, unless reusable options are readily available.
- Occasionally, only when necessary.
- Rarely, I try to avoid disposable products when possible.
- No, I do not use disposable products at all.

11. At sporting events, is your preference inclined towards vegetarian and vegan food options?

- Yes, I always choose vegetarian and vegan options.
- Mostly, I prefer plant-based options when they're available.
- Sometimes, I opt for vegetarian and vegan options if they look appealing.
- Rarely, I usually prefer non-vegetarian options.
- No, I do not prefer vegetarian or vegan options.
- Other: _____

12. Do you consider the environmental practices of manufacturers when selecting your sportswear?

- Always, the manufacturer's eco-commitment is a big factor in my choices.
- Usually, if the information is readily available.
- Sometimes, but it's not my primary concern.
- Rarely, I don't usually consider it.
- Never, it doesn't influence my decisions.

13. Do you consciously and responsibly use social media and video networking platforms during sporting events?

- Always, I am very conscious about my online behavior.
- Mostly, I try to be mindful of my usage.
- Occasionally, it depends on the situation.
- Rarely, I don't give it much thought.
- Never, I use them freely without considering this aspect.

14. Would you be interested in attending cultural activities (like workshops, screenings, exhibits) that encourage eco-friendly behavior, either before, during, or after the event?

- Definitely, I would love to participate in such events.
- Likely, if my schedule allows for it.
- Maybe, depending on what's being offered.
- Unlikely, unless it's particularly appealing.
- Not at all, I'm not interested in these types of activities.

Thank you for your time!

GDPR Consent

We, SOSPARTS Project Consortium, are committed to protecting your personal information and respecting your privacy. In compliance with the General Data Protection Regulation (GDPR), we your explicit consent to collect, process, and store your personal data for the purpose of modifying our project outputs and guidelines.

By providing your consent, you authorize us to:

1. Collect and process your responses to our surveys, discussions, and other participatory activities.
2. Use this data to inform modifications to our project outputs and guidelines.
3. Store this data securely in compliance with GDPR regulations.

You have the right to withdraw your consent at any time. To do so, please contact us at infoambeco@gmail.com . Please note that withdrawal of consent will not affect the lawfulness of data processing based on consent before its withdrawal.

15. I hereby agree to allow the use of my personal data for the above purposes. *

I confirm